

MAKING YOGURT AND KEFIR WITH SOY MILK, IT IS POSSIBLE!

We suggest, further to the tests ran to this day in our laboratory, to use the below-mentioned soy milks with the different Yogourmet freeze-dried starters. You will then obtain excellent results.

Yogurt and kefir made with the Yogourmet freeze-dried starters will keep for 2-3 weeks in the refrigerator.

IT IS UP TO YOU TO DISCOVER YOUR FAVORITE SOY MILK!

**MAKING YOGURT WITH
YOGOURMET FREEZE-DRIED YOGURT STARTER (ORIGINAL)**

SOY MILK		PREPARATION
Edensoy Organic Original	Shelf stable package (UHT)	Heat up to 42-44°C/108-112°F; Add the yogurt starter.
Edensoy Organic Unsweetened	Shelf stable package (UHT)	Heat up to 42-44°C/108-112°F; Add the yogurt starter.
So Nice Organic Original	Refrigerated package	Heat up to 82°C/180°F; Cool down to 42-44°C/108-112°F; Add the yogurt starter.
So Nice Organic Original	Shelf stable package (UHT)	Heat up to 42-44°C/108-112°F; Add the yogurt starter.
So Nice Organic Natural	Shelf stable package (UHT)	Heat up to 42-44°C/108-112°F; Add the yogurt starter.

**MAKING YOGURT WITH
YOGOURMET FREEZE-DRIED YOGURT STARTER WITH PROBIOTICS CASEI BIFIDUS ACIDOPHILUS**

SOY MILK		PREPARATION
Edensoy Organic Original	Shelf stable package (UHT)	Add the yogurt starter directly to the soy beverage at 23-25°C/73-77°F.
Edensoy Organic Unsweetened	Shelf stable package (UHT)	Add the yogurt starter directly to the soy beverage at 23-25°C/73-77°F.
So Nice Organic Original	Refrigerated package	Heat up to 82°C/180°F; Cool down to 23-25°C/73-77°F; Add the yogurt starter.
So Nice Organic Original	Shelf stable package (UHT)	Add the yogurt starter directly to the soy beverage at 23-25°C/73-77°F.
So Nice Organic Natural	Shelf stable package (UHT)	Add the yogurt starter directly to the soy beverage at 23-25°C/73-77°F.

**MAKING KEFIR WITH
YOGOURMET FREEZE-DRIED KEFIR STARTER (NO APPLIANCE REQUIRED)**

SOY MILK		PREPARATION
Edensoy Organic Original	Shelf stable package (UHT)	Add the kefir starter directly to the soy beverage at 23-25°C/73-77°F.